

# Certificate Course in Common Mental Disorders (CCCMD)

Cycle-IV (November 2023-April 2024)

## Salient Features

6 Modular Course



Evidence Based Curriculum



Counselling & Role Play



Interactive Online Sessions



Discussion & Case Studies



Internationally & Nationally Renowned Experts



Interactive Videos



Last Date of Enrolment

15 September 2023

Program starts in  
**November 2023**

[Click here to apply](#)



## Mental Disorders - The Burgeoning Burden

According to World Health Organisation, around 450 million people currently suffer from such conditions, placing mental disorders among the leading causes of ill-health and disability worldwide. Treatments are available, but nearly two-thirds of people with a known mental disorder never seek help from a health professional because of the stigma, discrimination and neglect.

In India, WHO estimates that the burden of mental health problems is of the tune of 2,443 DALYs per 100,000 population, and the age-adjusted suicide rate per 100,000 population is 21.1. It is estimated that, in India, the economic loss, due to mental health conditions, between 2012 and 2030, is estimated to be 1.03 trillion dollars. Despite of this huge burden mental health workforce in India (per 100,000 population) include psychiatrists (0.3), nurses (0.12), psychologists (0.07) and social workers (0.07).

The United Nations' health agency in its report "New Understanding, New Hope" seeks to break the vicious cycle and urges nations to seek solutions for mental health that are already available and affordable. It also advocates that governments should move away from large mental institutions and towards community health care, and integrate mental health care into primary health care and the general health care system.

### Certificate Course in Common Mental Disorders (CCCMD)

Certificate Course in Common Mental Disorders (CCCMD) is a joint program conceptualised, developed and implemented by Public Health Foundation of India (PHFI) in collaboration with Association of Healthcare Providers (India) (AHPI). In this unique program, PHFI is acting as an implementing partner and AHPI as strategic partner in the field of common mental disorders in India. The primary objective of the program is to enhance the knowledge, skills & core competencies of primary care physicians in the identification & management of common mental disorders with following secondary objectives –

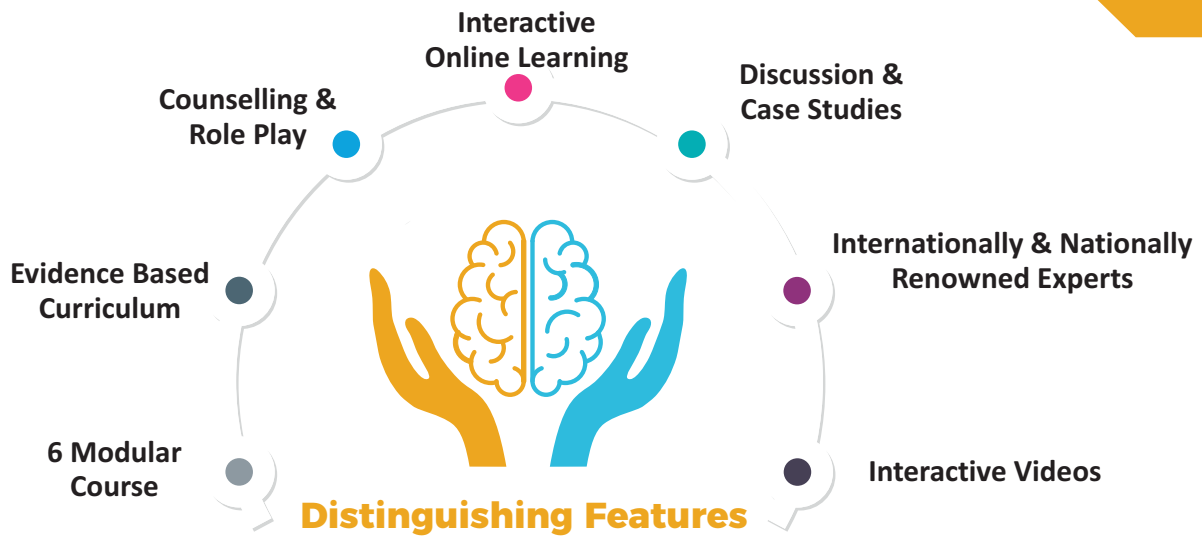
- To develop/update a standard teaching protocol and module for evidence based learning on common mental disorders
- To build a network of primary care physicians and specialists in the field of Mental Disorders
- To regularly update the primary care physicians with the latest advancements in the field of common mental disorder

### Public Health Foundation of India (PHFI)

The Public Health Foundation of India is a public private initiative that has collaboratively evolved through consultations with multiple constituencies including Indian and international academia, state and central governments, multi & bi-lateral agencies and civil society groups. PHFI is a response to redress the limited institutional capacity in India for strengthening training, research and policy development in the area of Public Health. PHFI recognizes the fact that meeting the shortfall of health professionals is imperative to a sustained and holistic response to the public health concerns in the country which in turn requires health care to be addressed not only from the scientific perspective of what works, but also from the social perspective of, who needs it the most. For more information: <https://phfi.org>

### Association of Healthcare Providers (India) (AHPI)

Association of Healthcare Providers (India) represents the majority of healthcare providers in India. It works as "not for profit" organization and advocates with the government, regulatory bodies and other stake holders on issues, which have bearing on enabling its member organizations to deliver appropriate healthcare services to community at large. The association helps to empower individual Healthcare professionals and member organizations in improving their systems, processes and outcomes on continuous basis, in line with the vision, mission and objectives of the association. For more information: <http://ahpi.in>



## Teaching and Training Methodology

The course utilizes a variety of teaching and learning techniques. The course will be offered on modular basis with judicious mix of case-studies, interim assignments, group discussion, role plays and online sessions with pre-test & post-test along with great flexibility to accommodate participants' queries. Complete and comprehensive learning package including printed and soft copies of modules will be provided to the enrolled participants by organizing institutions. The course content will be delivered by the renowned faculty.

## Eligibility Criteria

- Physicians/Internal medicine specialist/Family medicine specialists
- Primary care physicians with at least 3 years of clinical experience

## Certification Criteria

Participant assessment will be done through continuous internal evaluation, course work and performance in online examination. The criteria for successful completion of the program shall be as follows:

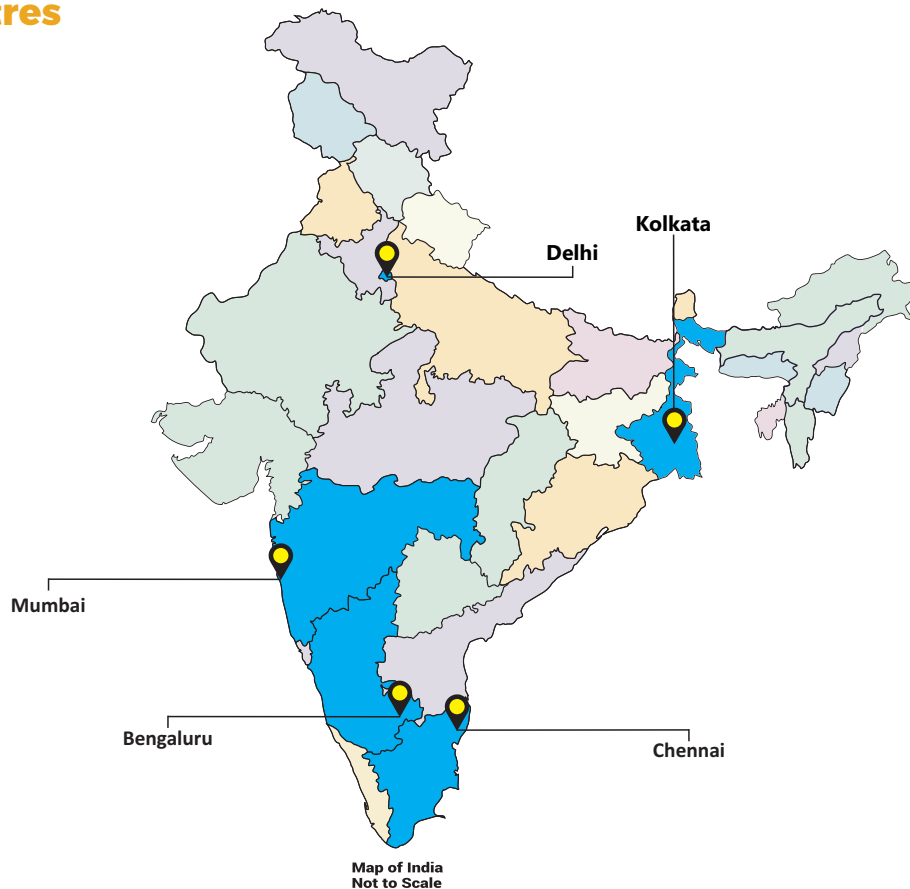
- Participation in all 6 virtual sessions (including the pre-test and post- test of each module)
- Completion and submission of assigned course work (two descriptive assignments at regular intervals)
- Appearance and clearance of final online examination in the form of 50 MCQs in an hour (Min. 50% score required to clear the examination)

## Course Content

Certificate Course in Common Mental Disorders is a six modular course. The whole curriculum will contain the following broad topics–

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- 1 Introduction to Common Mental Disorders and Principles of Mental Health Care
  - 2 Depression and Suicide Prevention
  - 3 Anxiety and Psychosomatic Disorders
  - 4 Neurocognitive Disorders and Psychosis
  - 5 Alcohol and Other Substance Use Disorders
  - 6 Childhood Mental and Behavioral Disorders and Epilepsy

## Training Centres



## Enrolment process

For enrolment in CCCMD, submit the online application form and upload the required supporting documents along with details of fee payment.

Online payment through NEFT transfer should be in the account of Public Health Foundation of India and account details are as follows –

### Online Payment through NEFT transfer:

**Public Health Foundation of India**

**Bank Account: Axis Bank Limited**

**Branch Address: Sushant Lok, Gurugram-122002**

**Account Number: 922010012690998,**

**IFSC Code: UTIB0002913**

**PAN No.: AABAP4445L**

In case of NEFT transaction, kindly mention CCCMD course fee in payment remarks

For registration visit: [www.mentalhealthedu.org](http://www.mentalhealthedu.org)

For more details about enrolment, please contact

**CCCMD – Secretariat**

**Public Health Foundation of India**

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Disclaimer: PHFI and AHPI hereby declare that, this jointly designed "Certificate Course in Common Mental Health Disorders" is not a recognized medical qualification, under Section 11(1) of the Indian Medical Council Act, 1956 & National Medical Commission Act 2019. PHFI and AHPI hereby declare that these are not medical colleges or Universities and are not offering this course in accordance with the provisions of the Indian Medical Council Act/ University Grants Commission Act. Kindly note that CCCMD is not a degree or diploma but a certificate course with the objective of training doctors in the prevention & management of common mental health disorders. Successful participants are advised not to mention/call themselves as psychiatrists / psychologists anywhere after completion of this course. Participants are strongly advised not to use this affix 'CCCMD' adjacent to their names or in their boards/displays claiming to be psychiatrists or mental health specialists.

\* Decision taken by PHFI for the selection and enrolment of the participants will be final.