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Dr. Hozefa A. Bhinderwala is a practising Consultant Psychiatrist at Prince Aly Khan Hospital, Saifee Hospital and Global Hospitals. He has worked as a Scientific Research Officer in the Psychiatry Department of K.E.M. Hospital, from November 1996 to July 1998. He has also worked as Consultant Psychiatrist and school counsellor. He has authored 2 books on speed reading titled "Speed Read, Shloka Publications (A Birla Subgroup) and "Small Steps To Big Reading, Bloomsbury Publications" ad also authored the section on Psychiatry in the book titled "First Aid for the Medical PG Entrance Examinations AIIMS/ ALL INDIA PGEE", Vol.1. He also has several paper publications.